

Practice and Competition Schedule

8-Sep-25

| Start | Finish | Practice | Program | Skaters |
|----------|----------|------------------------|---------|---------|
| 8:00:00 | 8:30:00 | Basic Novice Women(G1) | FS | 7 |
| 8:30:00 | 9:00:00 | Basic Novice Women(G2) | FS | 7 |
| 9:00:00 | 9:30:00 | Basic Novice Women(G3) | FS | 7 |
| 9:30:00 | 9:45:00 | Ice Resurfacing | | |
| 9:45:00 | 10:15:00 | Basic Novice Women(G4) | FS | 7 |
| 10:15:00 | 10:45:00 | Basic Novice Women(G5) | FS | 7 |
| 10:45:00 | 11:15:00 | Basic Novice Women(G6) | FS | 7 |
| 11:15:00 | 11:30:00 | Ice Resurfacing | | |
| 11:30:00 | 12:00:00 | Basic Novice Women(G7) | FS | 7 |
| 12:00:00 | 12:30:00 | Basic Novice Women(G8) | FS | 8 |
| 12:30:00 | 13:00:00 | Basic Novice Men | FS | 8 |
| 13:00:00 | 13:20:00 | Ice Resurfacing | | |

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| Start | Finish | Competition | Program | Entries |
|----------|----------|------------------------|---------|---------|
| 13:20:00 | 13:24:30 | Basic Novice Women(G1) | Warm-up | 7 |
| 13:24:30 | 13:30:50 | | FS | No. 1 |
| 13:30:50 | 13:37:10 | | FS | No. 2 |
| 13:37:10 | 13:43:30 | | FS | No. 3 |
| 13:43:30 | 13:49:50 | | FS | No. 4 |
| 13:49:50 | 13:56:10 | | FS | No. 5 |
| 13:56:10 | 14:02:30 | | FS | No. 6 |
| 14:02:30 | 14:08:50 | | FS | No. 7 |
| 14:08:50 | 14:13:20 | Basic Novice Women(G2) | Warm-up | 7 |
| 14:13:20 | 14:19:40 | | FS | No. 1 |
| 14:19:40 | 14:26:00 | | FS | No. 2 |
| 14:26:00 | 14:32:20 | | FS | No. 3 |
| 14:32:20 | 14:38:40 | | FS | No. 4 |
| 14:38:40 | 14:45:00 | | FS | No. 5 |
| 14:45:00 | 14:51:20 | | FS | No. 6 |
| 14:51:20 | 14:57:40 | | FS | No. 7 |
| 14:57:40 | 15:02:10 | Basic Novice Women(G3) | Warm-up | 7 |
| 15:02:10 | 15:08:30 | | FS | No. 1 |
| 15:08:30 | 15:14:50 | | FS | No. 2 |
| 15:14:50 | 15:21:10 | | FS | No. 3 |
| 15:21:10 | 15:27:30 | | FS | No. 4 |
| 15:27:30 | 15:33:50 | | FS | No. 5 |
| 15:33:50 | 15:40:10 | | FS | No. 6 |
| 15:40:10 | 15:46:30 | | FS | No. 7 |
| 15:46:30 | 16:01:30 | Ice Resurfacing | | |
| 16:01:30 | 16:06:00 | Basic Novice Women(G4) | Warm-up | 7 |
| 16:06:00 | 16:12:20 | | FS | No. 1 |
| 16:12:20 | 16:18:40 | | FS | No. 2 |
| 16:18:40 | 16:25:00 | | FS | No. 3 |
| 16:25:00 | 16:31:20 | | FS | No. 4 |
| 16:31:20 | 16:37:40 | | FS | No. 5 |
| 16:37:40 | 16:44:00 | | FS | No. 6 |
| 16:44:00 | 16:50:20 | | FS | No. 7 |
| 16:50:20 | 16:54:50 | Basic Novice Women(G5) | Warm-up | 7 |

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|--------------|---------------|--------------------------------------------------|---------|-------|
| 16:54:50 | 17:01:10 | | FS | No. 1 |
| 17:01:10 | 17:07:30 | | FS | No. 2 |
| 17:07:30 | 17:13:50 | | FS | No. 3 |
| 17:13:50 | 17:20:10 | | FS | No. 4 |
| 17:20:10 | 17:26:30 | | FS | No. 5 |
| 17:26:30 | 17:32:50 | | FS | No. 6 |
| 17:32:50 | 17:39:10 | | FS | No. 7 |
| 17:39:10 | 17:43:40 | Basic Novice Women(G6) | Warm-up | 7 |
| 17:43:40 | 17:50:00 | | FS | No. 1 |
| 17:50:00 | 17:56:20 | | FS | No. 2 |
| 17:56:20 | 18:02:40 | | FS | No. 3 |
| 18:02:40 | 18:09:00 | | FS | No. 4 |
| 18:09:00 | 18:15:20 | | FS | No. 5 |
| 18:15:20 | 18:21:40 | | FS | No. 6 |
| 18:21:40 | 18:28:00 | | FS | No. 7 |
| 18:28:00 | 18:43:00 | Ice Resurfacing | | |
| 18:43:00 | 18:47:30 | Basic Novice Women(G7) | Warm-up | 7 |
| 18:47:30 | 18:53:50 | | FS | No. 1 |
| 18:53:50 | 19:00:10 | | FS | No. 2 |
| 19:00:10 | 19:06:30 | | FS | No. 3 |
| 19:06:30 | 19:12:50 | | FS | No. 4 |
| 19:12:50 | 19:19:10 | | FS | No. 5 |
| 19:19:10 | 19:25:30 | | FS | No. 6 |
| 19:25:30 | 19:31:50 | | FS | No. 7 |
| 19:31:50 | 19:36:20 | Basic Novice Women(G8) | Warm-up | 8 |
| 19:36:20 | 19:42:40 | | FS | No. 1 |
| 19:42:40 | 19:49:00 | | FS | No. 2 |
| 19:49:00 | 19:55:20 | | FS | No. 3 |
| 19:55:20 | 20:01:40 | | FS | No. 4 |
| 20:01:40 | 20:08:00 | | FS | No. 5 |
| 20:08:00 | 20:14:20 | | FS | No. 6 |
| 20:14:20 | 20:20:40 | | FS | No. 7 |
| 20:20:40 | 20:27:00 | | FS | No. 8 |
| 20:27:00 | 20:31:30 | Basic Novice Men | Warm-up | 8 |
| 20:31:30 | 20:37:50 | | FS | No. 1 |
| 20:37:50 | 20:44:10 | | FS | No. 2 |
| 20:44:10 | 20:50:30 | | FS | No. 3 |
| 20:50:30 | 20:56:50 | | FS | No. 4 |
| 20:56:50 | 21:03:10 | | FS | No. 5 |
| 21:03:10 | 21:09:30 | | FS | No. 6 |
| 21:09:30 | 21:15:50 | | FS | No. 7 |
| 21:15:50 | 21:22:10 | | FS | No. 8 |
| 21:22:10 | 21:37:10 | Ice Resurfacing | | |
| Start | Finish | Victory Ceremony | | |
| 21:37:10 | 21:52:10 | Victory Ceremony Preparation | | |
| 21:52:10 | 22:22:10 | off - Ice Victory Ceremony for Basic Novice 陸地頒獎 | | |

Proposal_Subjected to change

as of:

28/8/2025

Practice and Competition Schedule

9-Sep-25

| Start | Finish | Practice | Program | Skaters |
|----------|----------|-------------------------------|---------|---------|
| 7:00:00 | 7:20:00 | Basic Pre-Novice Girls(G1) | FS | 7 |
| 7:20:00 | 7:40:00 | Basic Pre-Novice Girls(G2) | FS | 7 |
| 7:40:00 | 8:00:00 | Basic Pre-Novice Girls(G3) | FS | 7 |
| 8:00:00 | 8:20:00 | Basic Pre-Novice Girls(G4) | FS | 8 |
| 8:20:00 | 8:40:00 | Basic Pre-Novice Girls(G5) | FS | 8 |
| 8:40:00 | 9:00:00 | Ice Resurfacing | | |
| 9:00:00 | 9:20:00 | Basic Pre-Novice Girls(G6) | FS | 8 |
| 9:20:00 | 9:40:00 | Basic Pre-Novice Girls(G7) | FS | 8 |
| 9:40:00 | 10:00:00 | Advanced Pre-Novice Girls(G1) | FS | 6 |
| 10:00:00 | 10:20:00 | Advanced Pre-Novice Girls(G2) | FS | 7 |
| 10:20:00 | 10:35:00 | Ice Resurfacing | | |
| 10:35:00 | 10:55:00 | Advanced Pre-Novice Girls(G3) | FS | 7 |
| 10:55:00 | 11:15:00 | Advanced Pre-Novice Girls(G4) | FS | 7 |
| 11:15:00 | 11:35:00 | Advanced Pre-Novice Girls(G5) | FS | 7 |
| 11:35:00 | 11:55:00 | Advanced Pre-Novice Girls(G6) | FS | 7 |
| 11:55:00 | 12:15:00 | Ice Resurfacing | | |

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| Start | Finish | Competition | Program | Entries |
|----------|----------|-----------------------------|---------|---------|
| 12:15:00 | 12:18:30 | Basic Pre-Novice Girls (G1) | Warm-up | 7 |
| 12:18:30 | 12:23:00 | | FS | No. 1 |
| 12:23:00 | 12:27:30 | | FS | No. 2 |
| 12:27:30 | 12:32:00 | | FS | No. 3 |
| 12:32:00 | 12:36:30 | | FS | No. 4 |
| 12:36:30 | 12:41:00 | | FS | No. 5 |
| 12:41:00 | 12:45:30 | | FS | No. 6 |
| 12:45:30 | 12:50:00 | | FS | No. 7 |
| 12:50:00 | 12:53:30 | Basic Pre-Novice Girls(G2) | Warm-up | 7 |
| 12:53:30 | 12:58:00 | | FS | No. 1 |
| 12:58:00 | 13:02:30 | | FS | No. 2 |
| 13:02:30 | 13:07:00 | | FS | No. 3 |
| 13:07:00 | 13:11:30 | | FS | No. 4 |
| 13:11:30 | 13:16:00 | | FS | No. 5 |
| 13:16:00 | 13:20:30 | | FS | No. 6 |
| 13:20:30 | 13:25:00 | | FS | No. 7 |
| 13:25:00 | 13:28:30 | Basic Pre-Novice Girls(G3) | Warm-up | 7 |
| 13:28:30 | 13:33:00 | | FS | No. 1 |
| 13:33:00 | 13:37:30 | | FS | No. 2 |
| 13:37:30 | 13:42:00 | | FS | No. 3 |
| 13:42:00 | 13:46:30 | | FS | No. 4 |
| 13:46:30 | 13:51:00 | | FS | No. 5 |
| 13:51:00 | 13:55:30 | | FS | No. 6 |
| 13:55:30 | 14:00:00 | | FS | No. 7 |
| 14:00:00 | 14:15:00 | Ice Resurfacing | | |

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|----------|----------|-------------------------------|---------|-------|
| 14:15:00 | 14:18:30 | Basic Pre-Novice Girls(G4) | Warm-up | 8 |
| 14:18:30 | 14:23:00 | | FS | No. 1 |
| 14:23:00 | 14:27:30 | | FS | No. 2 |
| 14:27:30 | 14:32:00 | | FS | No. 3 |
| 14:32:00 | 14:36:30 | | FS | No. 4 |
| 14:36:30 | 14:41:00 | | FS | No. 5 |
| 14:41:00 | 14:45:30 | | FS | No. 6 |
| 14:45:30 | 14:50:00 | | FS | No. 7 |
| 14:50:00 | 14:54:30 | | FS | No. 8 |
| 14:54:30 | 14:58:00 | Basic Pre-Novice Girls(G5) | Warm-up | 8 |
| 14:58:00 | 15:02:30 | | FS | No. 1 |
| 15:02:30 | 15:07:00 | | FS | No. 2 |
| 15:07:00 | 15:11:30 | | FS | No. 3 |
| 15:11:30 | 15:16:00 | | FS | No. 4 |
| 15:16:00 | 15:20:30 | | FS | No. 5 |
| 15:20:30 | 15:25:00 | | FS | No. 6 |
| 15:25:00 | 15:29:30 | | FS | No. 7 |
| 15:29:30 | 15:34:00 | | FS | No. 8 |
| 15:34:00 | 15:37:30 | Basic Pre-Novice Girls(G6) | Warm-up | 8 |
| 15:37:30 | 15:42:00 | | FS | No. 1 |
| 15:42:00 | 15:46:30 | | FS | No. 2 |
| 15:46:30 | 15:51:00 | | FS | No. 3 |
| 15:51:00 | 15:55:30 | | FS | No. 4 |
| 15:55:30 | 16:00:00 | | FS | No. 5 |
| 16:00:00 | 16:04:30 | | FS | No. 6 |
| 16:04:30 | 16:09:00 | | FS | No. 7 |
| 16:09:00 | 16:13:30 | | FS | No. 8 |
| 16:13:30 | 16:28:30 | Ice Resurfacing | | |
| 16:28:30 | 16:32:00 | Basic Pre-Novice Girls(G7) | Warm-up | 8 |
| 16:32:00 | 16:36:30 | | FS | No. 1 |
| 16:36:30 | 16:41:00 | | FS | No. 2 |
| 16:41:00 | 16:45:30 | | FS | No. 3 |
| 16:45:30 | 16:50:00 | | FS | No. 4 |
| 16:50:00 | 16:54:30 | | FS | No. 5 |
| 16:54:30 | 16:59:00 | | FS | No. 6 |
| 16:59:00 | 17:03:30 | | FS | No. 7 |
| 17:03:30 | 17:08:00 | | FS | No. 8 |
| 17:08:00 | 17:11:30 | Advance Pre-Novice Girls (G1) | Warm-up | 6 |
| 17:11:30 | 17:16:00 | | FS | No. 1 |
| 17:16:00 | 17:20:30 | | FS | No. 2 |
| 17:20:30 | 17:25:00 | | FS | No. 3 |
| 17:25:00 | 17:29:30 | | FS | No. 4 |
| 17:29:30 | 17:34:00 | | FS | No. 5 |
| 17:34:00 | 17:38:30 | | FS | No. 6 |
| 17:38:30 | 17:42:00 | Advance Pre-Novice Girls (G2) | Warm-up | 7 |
| 17:42:00 | 17:46:30 | | FS | No. 1 |
| 17:46:30 | 17:51:00 | | FS | No. 2 |
| 17:51:00 | 17:55:30 | | FS | No. 3 |
| 17:55:30 | 18:00:00 | | FS | No. 4 |
| 18:00:00 | 18:04:30 | | FS | No. 5 |
| 18:04:30 | 18:09:00 | | FS | No. 6 |
| 18:09:00 | 18:13:30 | | FS | No. 7 |
| 18:13:30 | 18:28:30 | Ice Resurfacing | | |
| 18:28:30 | 18:32:00 | Advance Pre-Novice Girls (G3) | Warm-up | 7 |
| 18:32:00 | 18:36:30 | | FS | No. 1 |
| 18:36:30 | 18:41:00 | | FS | No. 2 |

| | | | | |
|--------------|---------------|--------------------------------|---------|-------|
| 18:41:00 | 18:45:30 | | FS | No. 3 |
| 18:45:30 | 18:50:00 | | FS | No. 4 |
| 18:50:00 | 18:54:30 | | FS | No. 5 |
| 18:54:30 | 18:59:00 | | FS | No. 6 |
| 18:59:00 | 19:03:30 | | FS | No. 7 |
| 19:03:30 | 19:07:00 | Advance Pre-Novice Girls (G4) | Warm-up | 7 |
| 19:07:00 | 19:11:30 | | FS | No. 1 |
| 19:11:30 | 19:16:00 | | FS | No. 2 |
| 19:16:00 | 19:20:30 | | FS | No. 3 |
| 19:20:30 | 19:25:00 | | FS | No. 4 |
| 19:25:00 | 19:29:30 | | FS | No. 5 |
| 19:29:30 | 19:34:00 | | FS | No. 6 |
| 19:34:00 | 19:38:30 | | FS | No. 7 |
| 19:38:30 | 19:42:00 | Advance Pre-Novice Girls (G5) | Warm-up | 7 |
| 19:42:00 | 19:46:30 | | FS | No. 1 |
| 19:46:30 | 19:51:00 | | FS | No. 2 |
| 19:51:00 | 19:55:30 | | FS | No. 3 |
| 19:55:30 | 20:00:00 | | FS | No. 4 |
| 20:00:00 | 20:04:30 | | FS | No. 5 |
| 20:04:30 | 20:09:00 | | FS | No. 6 |
| 20:09:00 | 20:13:30 | | FS | No. 7 |
| 20:13:30 | 20:17:00 | Advance Pre-Novice Girls (G6) | Warm-up | 7 |
| 20:17:00 | 20:21:30 | | FS | No. 1 |
| 20:21:30 | 20:26:00 | | FS | No. 2 |
| 20:26:00 | 20:30:30 | | FS | No. 3 |
| 20:30:30 | 20:35:00 | | FS | No. 4 |
| 20:35:00 | 20:39:30 | | FS | No. 5 |
| 20:39:30 | 20:44:00 | | FS | No. 6 |
| 20:44:00 | 20:48:30 | | FS | No. 7 |
| 20:48:30 | 21:03:30 | Ice Resurfacing | | |
| Start | Finish | Victory Ceremony | | |
| 21:03:30 | 21:18:30 | Victory Ceremony Preparation | | |
| 21:18:30 | 21:38:30 | On - Ice Victory Ceremony 陸地頒獎 | | |

Proposal_Subjected to change

as of: 28/8/2025

Practice and Competition Schedule
10-Sep-25

| Start | Finish | Practice | Program | Skaters |
|----------|----------|-----------------------------------------------------------------|---------|---------|
| 7:00:00 | 7:30:00 | Advance Novice Men and Women | SP | 8 |
| 7:30:00 | 8:00:00 | Basic Junior Women | SP | 6 |
| 8:00:00 | 8:30:00 | Elite Junior Men and Basic Junior Men | SP | 6 |
| 8:30:00 | 8:45:00 | Ice Resurfacing | | |
| 8:45:00 | 9:15:00 | Elite Junior Women (G1) | SP | 6 |
| 9:15:00 | 9:45:00 | Elite Junior Women (G2) | SP | 6 |
| 9:45:00 | 10:05:00 | Basic Juvenile Girls | FS | 8 |
| 10:05:00 | 10:25:00 | Basic Juvenile Girls | FS | 8 |
| 10:25:00 | 10:40:00 | Ice Resurfacing | | |
| 10:40:00 | 11:00:00 | Basic Juvenile Girls | FS | 9 |
| 11:00:00 | 11:20:00 | Advanced Juvenile Girls | FS | 9 |
| 11:20:00 | 11:40:00 | Advanced Juvenile Girls | FS | 10 |
| 11:40:00 | 12:00:00 | Basic Pre-Novice Boys | FS | 8 |
| 12:00:00 | 12:20:00 | Adv Pre-Novice Boys & Adv Juvenile Boys+ Basic Juvenile Boys | FS | 9 |
| 12:20:00 | 12:40:00 | Ice Resurfacing | | |

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| Start | Finish | Competition | Program | Entries |
|----------|----------|---------------------------------------|---------|---------|
| 12:40:00 | 12:44:30 | Advance Novice Men and Women | Warm-up | 8 |
| 12:44:30 | 12:50:50 | Advance Novice Men | SP | No. 1 |
| 12:50:50 | 12:57:10 | Advance Novice Women | SP | No. 2 |
| 12:57:10 | 13:03:30 | | SP | No. 3 |
| 13:03:30 | 13:09:50 | | SP | No. 4 |
| 13:09:50 | 13:16:10 | | SP | No. 5 |
| 13:16:10 | 13:22:30 | | SP | No. 6 |
| 13:22:30 | 13:28:50 | | SP | No. 7 |
| 13:28:50 | 13:35:10 | | SP | No. 8 |
| 13:35:10 | 13:41:40 | Basic Junior Women | Warm-up | 6 |
| 13:41:40 | 13:48:10 | | SP | No. 1 |
| 13:48:10 | 13:54:40 | | SP | No. 2 |
| 13:54:40 | 14:01:10 | | SP | No. 3 |
| 14:01:10 | 14:07:40 | | SP | No. 4 |
| 14:07:40 | 14:14:10 | | SP | No. 5 |
| 14:14:10 | 14:20:40 | | SP | No. 6 |
| 14:20:40 | 14:35:40 | Ice Resurfacing | | |
| 14:35:40 | 14:42:10 | Basic Junior Men and Elite Junior Men | Warm-up | 6 |
| 14:42:10 | 14:48:40 | Basic Junior Men | SP | No. 1 |
| 14:48:40 | 14:55:10 | Elite Junior Men | SP | No. 2 |
| 14:55:10 | 15:01:40 | | SP | No. 3 |
| 15:01:40 | 15:08:10 | | SP | No. 4 |
| 15:08:10 | 15:14:40 | | SP | No. 5 |
| 15:14:40 | 15:21:10 | | SP | No. 6 |
| 15:21:10 | 15:27:40 | Elite Junior Women(G1) | Warm-up | 5 |
| 15:27:40 | 15:34:10 | | SP | No. 1 |
| 15:34:10 | 15:40:40 | | SP | No. 2 |
| 15:40:40 | 15:47:10 | | SP | No. 3 |
| 15:47:10 | 15:53:40 | | SP | No. 4 |
| 15:53:40 | 16:00:10 | | SP | No. 5 |
| 16:00:10 | 16:06:40 | | SP | No. 6 |
| 16:06:40 | 16:13:10 | Elite Junior Women(G2) | Warm-up | 6 |
| 16:13:10 | 16:19:40 | | SP | No. 1 |

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|----------|----------|--------------------------|---------|-------|
| 16:19:40 | 16:26:10 | | SP | No. 2 |
| 16:26:10 | 16:32:40 | | SP | No. 3 |
| 16:32:40 | 16:39:10 | | SP | No. 4 |
| 16:39:10 | 16:45:40 | | SP | No. 5 |
| 16:45:40 | 16:52:10 | | SP | No. 6 |
| 16:52:10 | 17:07:10 | Ice Resurfacing | | |
| 17:07:10 | 17:10:40 | Basic Juvenile Girls(G1) | Warm-up | 6 |
| 17:10:40 | 17:14:40 | | SP | No. 1 |
| 17:14:40 | 17:18:40 | | SP | No. 2 |
| 17:18:40 | 17:22:40 | | SP | No. 3 |
| 17:22:40 | 17:26:40 | | SP | No. 4 |
| 17:26:40 | 17:30:40 | | SP | No. 5 |
| 17:30:40 | 17:34:40 | | SP | No. 6 |

| | | | | |
|----------|----------|------------------------------------|---------|-------|
| 17:34:40 | 17:38:10 | Basic Juvenile Girls(G2) | Warm-up | 6 |
| 17:38:10 | 17:42:10 | | FS | No. 1 |
| 17:42:10 | 17:46:10 | | FS | No. 2 |
| 17:46:10 | 17:50:10 | | FS | No. 3 |
| 17:50:10 | 17:54:10 | | FS | No. 4 |
| 17:54:10 | 17:58:10 | | FS | No. 5 |
| 17:58:10 | 18:02:10 | | FS | No. 6 |
| 18:02:10 | 18:05:40 | Basic Juvenile Girls(G3) | Warm-up | 6 |
| 18:05:40 | 18:09:40 | | FS | No. 1 |
| 18:09:40 | 18:13:40 | | FS | No. 2 |
| 18:13:40 | 18:17:40 | | FS | No. 3 |
| 18:17:40 | 18:21:40 | | FS | No. 4 |
| 18:21:40 | 18:25:40 | | FS | No. 5 |
| 18:25:40 | 18:29:40 | | FS | No. 6 |
| 18:29:40 | 18:33:10 | Basic Juvenile Girls(G4) | Warm-up | 7 |
| 18:33:10 | 18:37:10 | | FS | No. 1 |
| 18:37:10 | 18:41:10 | | FS | No. 2 |
| 18:41:10 | 18:45:10 | | FS | No. 3 |
| 18:45:10 | 18:49:10 | | FS | No. 4 |
| 18:49:10 | 18:53:10 | | FS | No. 5 |
| 18:53:10 | 18:57:10 | | FS | No. 6 |
| 18:57:10 | 19:01:10 | | FS | No. 7 |
| 19:01:10 | 19:16:10 | Ice Resurfacing | | |
| 19:16:10 | 19:19:40 | Basic Pre-Novice Boys | Warm-up | 8 |
| 19:19:40 | 19:23:40 | | FS | No. 1 |
| 19:23:40 | 19:27:40 | | FS | No. 2 |
| 19:27:40 | 19:31:40 | | FS | No. 3 |
| 19:31:40 | 19:35:40 | | FS | No. 4 |
| 19:35:40 | 19:39:40 | | FS | No. 5 |
| 19:39:40 | 19:43:40 | | FS | No. 6 |
| 19:43:40 | 19:47:40 | | FS | No. 7 |
| 19:47:40 | 19:51:40 | | FS | No. 8 |
| 19:51:40 | 19:55:10 | Advanced Juvenile Girls(G1) | Warm-up | 6 |
| 19:55:10 | 19:59:10 | | FS | No. 1 |
| 19:59:10 | 20:03:10 | | FS | No. 2 |
| 20:03:10 | 20:07:10 | | FS | No. 3 |
| 20:07:10 | 20:11:10 | | FS | No. 4 |
| 20:11:10 | 20:15:10 | | FS | No. 5 |
| 20:15:10 | 20:19:10 | | FS | No. 6 |
| 20:19:10 | 20:22:40 | Advanced Juvenile Girls(G2) | Warm-up | 6 |
| 20:22:40 | 20:26:40 | | FS | No. 1 |
| 20:26:40 | 20:30:40 | | FS | No. 2 |
| 20:30:40 | 20:34:40 | | FS | No. 3 |
| 20:34:40 | 20:38:40 | | FS | No. 4 |
| 20:38:40 | 20:42:40 | | FS | No. 5 |
| 20:42:40 | 20:46:40 | | FS | No. 6 |
| 20:46:40 | 21:01:40 | Ice Resurfacing | | |
| 21:01:40 | 21:05:10 | Advanced Juvenile Girls(G3) | Warm-up | 7 |
| 21:05:10 | 21:09:10 | | FS | No. 1 |
| 21:09:10 | 21:13:10 | | FS | No. 2 |
| 21:13:10 | 21:17:10 | | FS | No. 3 |
| 21:17:10 | 21:21:10 | | FS | No. 4 |
| 21:21:10 | 21:25:10 | | FS | No. 5 |
| 21:25:10 | 21:29:10 | | FS | No. 6 |
| 21:29:10 | 21:33:10 | | FS | No. 7 |

| | | | | |
|--------------|---------------|-----------------------------------------------------------------|---------|-------|
| 21:33:10 | 21:36:40 | Adv Pre-Novice Boys & Adv Juvenile Boys+ Basic Juvenile Boys | Warm-up | 9 |
| 21:36:40 | 21:40:40 | Basic Juvenile Boys | FS | No. 1 |
| 21:40:40 | 21:44:40 | Basic Juvenile Boys | FS | No. 2 |
| 21:44:40 | 21:48:40 | Basic Juvenile Boys | FS | No. 3 |
| 21:48:40 | 21:52:40 | Adv Pre-Novice Boys | FS | No. 4 |
| 21:52:40 | 21:56:40 | Adv Pre-Novice Boys | FS | No. 5 |
| 21:56:40 | 22:00:40 | Adv Pre-Novice Boys | FS | No. 6 |
| 22:00:40 | 22:04:40 | Adv Pre-Novice Boys | FS | No. 7 |
| 22:04:40 | 22:08:40 | Adv Juvenile Boys | FS | No. 8 |
| 22:08:40 | 22:12:40 | Adv Juvenile Boys | FS | No. 9 |
| 22:12:40 | 22:27:40 | Ice Resurfacing | | |
| Start | Finish | Victory Ceremony | | |
| 22:27:40 | 22:42:40 | Victory Ceremony Preparation | | |
| 22:42:40 | 23:12:40 | off - Ice Victory Ceremony for Basic Novice 陸地頒獎 | | |

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as of:

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Practice and Competition Schedule

11-Sep-25

| Start | Finish | Practice | Program | Skaters | |
|----------|----------|---------------------------------------|---------|---------|--|
| 7:00:00 | 7:30:00 | Intermediate Novice Women(G1) + 2 Men | FS | 8 | |
| 7:30:00 | 8:00:00 | Intermediate Novice Women(G2) + 2 Men | FS | 8 | |
| 8:00:00 | 8:30:00 | Intermediate Novice Women(G3) | FS | 7 | |
| 8:30:00 | 8:45:00 | Ice Resurfacing | | | |
| 8:45:00 | 9:15:00 | Intermediate Novice Women(G4) + 1 Men | FS | 7 | |
| 9:15:00 | 9:45:00 | Advance Novice Women and Men | FS | 8 | |
| 9:45:00 | 10:15:00 | Basic Junior Women | FS | 6 | |
| 10:15:00 | 10:30:00 | Ice Resurfacing | | | |
| 10:30:00 | 11:00:00 | Elite Junior Men and Basic Junior Men | FS | 6 | |
| 11:00:00 | 11:30:00 | Elite Junior Women(G1) | FS | 6 | |
| 11:30:00 | 12:00:00 | Elite Junior Women(G2) | FS | 6 | |
| 12:00:00 | 12:20:00 | Ice Resurfacing | | | |

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| Start | Finish | Competition | Program | Entries | |
|----------|----------|-------------------------------|---------|---------|--|
| 12:20:00 | 12:25:30 | Intermediate Novice Women(G1) | Warm-up | 6 | |
| 12:25:30 | 12:32:00 | | FS | No. 1 | |
| 12:32:00 | 12:38:30 | | FS | No. 2 | |
| 12:38:30 | 12:45:00 | | FS | No. 3 | |
| 12:45:00 | 12:51:30 | | FS | No. 4 | |
| 12:51:30 | 12:58:00 | | FS | No. 5 | |
| 12:58:00 | 13:04:30 | | FS | No. 6 | |
| 13:04:30 | 13:10:00 | Intermediate Novice Women(G2) | Warm-up | 6 | |
| 13:10:00 | 13:16:30 | | FS | No. 1 | |
| 13:16:30 | 13:23:00 | | FS | No. 2 | |
| 13:23:00 | 13:29:30 | | FS | No. 3 | |
| 13:29:30 | 13:36:00 | | FS | No. 4 | |
| 13:36:00 | 13:42:30 | | FS | No. 5 | |
| 13:42:30 | 13:49:00 | | FS | No. 6 | |
| 13:49:00 | 14:04:00 | Ice Resurfacing | | | |
| 14:04:00 | 14:09:30 | Intermediate Novice Women(G3) | Warm-up | 7 | |
| 14:09:30 | 14:16:00 | | FS | No. 1 | |
| 14:16:00 | 14:22:30 | | FS | No. 2 | |
| 14:22:30 | 14:29:00 | | FS | No. 3 | |
| 14:29:00 | 14:35:30 | | FS | No. 4 | |
| 14:35:30 | 14:42:00 | | FS | No. 5 | |
| 14:42:00 | 14:48:30 | | FS | No. 6 | |
| 14:48:30 | 14:55:00 | | FS | No. 7 | |
| 14:55:00 | 15:00:30 | Intermediate Novice Women(G4) | Warm-up | 7 | |
| 15:00:30 | 15:07:00 | | FS | No. 1 | |
| 15:07:00 | 15:13:30 | | FS | No. 2 | |
| 15:13:30 | 15:20:00 | | FS | No. 3 | |
| 15:20:00 | 15:26:30 | | FS | No. 4 | |
| 15:26:30 | 15:33:00 | | FS | No. 5 | |
| 15:33:00 | 15:39:30 | | FS | No. 6 | |
| 15:39:30 | 15:46:00 | | FS | No. 7 | |
| 15:46:00 | 15:51:30 | Intermediate Novice Men | Warm-up | 4 | |
| 15:51:30 | 15:58:00 | | FS | No. 1 | |
| 15:58:00 | 16:04:30 | | FS | No. 2 | |
| 16:04:30 | 16:11:00 | | FS | No. 3 | |
| 16:11:00 | 16:17:30 | | FS | No. 4 | |
| 16:17:30 | 16:32:30 | Ice Resurfacing | | | |

| | | | | |
|--------------|---------------|---------------------------------------|---------|-------|
| 16:32:30 | 16:39:00 | Advance Novice Women and Men | Warm-up | 8 |
| 16:39:00 | 16:45:30 | | FS | No. 1 |
| 16:45:30 | 16:52:00 | | FS | No. 2 |
| 16:52:00 | 16:58:30 | | FS | No. 3 |
| 16:58:30 | 17:05:00 | | FS | No. 4 |
| 17:05:00 | 17:11:30 | | FS | No. 5 |
| 17:11:30 | 17:18:00 | | FS | No. 6 |
| 17:18:00 | 17:24:30 | | FS | No. 7 |
| 17:24:30 | 17:31:00 | | FS | No. 8 |
| 17:31:00 | 17:37:30 | Basic Junior Women | Warm-up | 6 |
| 17:37:30 | 17:44:30 | | FS | No. 1 |
| 17:44:30 | 17:51:30 | | FS | No. 2 |
| 17:51:30 | 17:58:30 | | FS | No. 3 |
| 17:58:30 | 18:05:30 | | FS | No. 4 |
| 18:05:30 | 18:12:30 | | FS | No. 5 |
| 18:12:30 | 18:19:30 | | FS | No. 6 |
| 18:19:30 | 18:26:00 | Basic Junior Men and Elite Junior Men | Warm-up | 6 |
| 18:26:00 | 18:33:00 | Basic Junior Men | FS | No. 1 |
| 18:33:00 | 18:40:00 | Elite Junior Men | FS | No. 2 |
| 18:40:00 | 18:47:00 | | FS | No. 3 |
| 18:47:00 | 18:54:00 | | FS | No. 4 |
| 18:54:00 | 19:01:00 | | FS | No. 5 |
| 19:01:00 | 19:08:00 | | FS | No. 6 |
| 19:08:00 | 19:23:00 | Ice Resurfacing | | |
| 19:23:00 | 19:29:30 | Elite Junior Women(G1) | Warm-up | 6 |
| 19:29:30 | 19:36:30 | | FS | No. 1 |
| 19:36:30 | 19:43:30 | | FS | No. 2 |
| 19:43:30 | 19:50:30 | | FS | No. 3 |
| 19:50:30 | 19:57:30 | | FS | No. 4 |
| 19:57:30 | 20:04:30 | | FS | No. 5 |
| 20:04:30 | 20:11:30 | | FS | No. 6 |
| 20:11:30 | 20:18:00 | Elite Junior Women(G2) | Warm-up | 6 |
| 20:18:00 | 20:25:00 | | FS | No. 1 |
| 20:25:00 | 20:32:00 | | FS | No. 2 |
| 20:32:00 | 20:39:00 | | FS | No. 3 |
| 20:39:00 | 20:46:00 | | FS | No. 4 |
| 20:46:00 | 20:53:00 | | FS | No. 5 |
| 20:53:00 | 21:00:00 | | FS | No. 6 |
| 21:00:00 | 21:15:00 | Ice Resurfacing | | |
| Start | Finish | Victory Ceremony | | |
| 21:15:00 | 21:30:00 | Victory Ceremony Preparation | | |
| 21:30:00 | 21:50:00 | Victory Ceremony on Ice | | |
| 21:50:00 | 22:10:00 | Ice Resurfacing | | |

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