

Figure Skating (November 2026) 花樣滑冰 (2026年11月份)

Application for On-ice Training & Coach request 申請冰上訓練及所需教練

****Please return this form to HKSU on or before 19 October 2026 (Monday),
and pay the training fee to the HKSU Bank account before 10th of every month.**

Name: _____

HKT / Youth / Member: _____

FS Level : _____

Emergency contact person: _____

Mobile Phone number: _____

Coach Fee: HKD 420 / Self-Practice Fee: HKD 140

	Venue 地點	Date 日期		Time 時間	1st Coach	2nd Coach	Self-Practice
☐	FWG	3-Nov	Tue	08:00-09:30			
☐	FWG	4-Nov	Wed	08:00-09:30			
☐	FWG	5-Nov	Thu	08:00-09:30			
☐	FWG	17-Nov	Tue	08:00-09:30			
☐	FWG	18-Nov	Wed	08:00-09:30			
☐	FWG	19-Nov	Thu	08:00-09:30			
☐	FWG	20-Nov	Fri	21:30-23:00			
☐	DB (TBC)	22-Nov	Sun	20:30-22:00			
☐	FWG	24-Nov	Tue	08:00-09:30			
☐	FWG	25-Nov	Wed	08:00-09:30			
☐	FWG	26-Nov	Thu	08:00-09:30			
☐	FWG	27-Nov	Fri	21:30-23:00			

☐	Disclaimer of Applicant I hereby certify that I have acquired more than 2 years of figure skating training and experiences. I am in a healthy condition and suitable to participate in this training program. Hong Kong Skating Union Limited and its affiliate(s) is/are not liable to any injury or casualty in case I suffer from joining this training camp. I understand all the arrangement and details of the training, and agree that Hong Kong Skating Union Limited has the rights to amend, revise or cancel any of the training including but not limiting the date, time and venue. I agree that training attendance and/or record will be published in the website of Hong Kong Skating Union Limited, and that Hong Kong Skating Union reserves all the rights to amend or revise any of the terms and conditions hereby set forth, and such amendment or revision will be communicated to the participant via email or telephone. I will pay the training fee to the HKSU Bank account before 10th of every month. If I pay late, Hong Kong Skating Union reserves all the rights to suspend attendance or guidance my training for one month. I have read and fully understand all items of 2026 November - FS - Training Notice 花樣滑冰訓練通告十一月)
☐	確認及同意上述所有條款以及附件細則 / Confirm and agree to all the above terms and attached terms

Name of Skater _____

Signature _____

Name of guardian _____

Signature _____

2026 November- FS - Training Notice 花樣滑冰訓練通告 (十一月份)

截止報名日期：2026 年 10 月 19 日(星期一) 或之前

Deadline: on or before 19 October, 2026 (MON)

訓練時間：08:00-09:30 / 08:00-09:00 / 20:00-21:30 / 21:30-23:00 or other time slots

地點：又一城歡天雪地 FWG / 康城 Lohas / 愉景灣 Discovery Bay / 九龍灣 Mega Ice

冰面費: 免費

教練費: 港幣 420 元 Coach Fee: HKD 420

考獲第 8 級或以上的運動員，早冰期間可以自行訓練。自行訓練費: 港幣 140 元

FS Level 8 holder can apply self practice in the morning sessions. Self-Practice Fee: HKD 140

每場訓練每名教練最多可指導運動員 6 名

報名前，請事先確定所需教練是否能出席當天的訓練

由於每場冰面是與香港體育學院共享之下，因此每場冰面上冰人數均為有限。剩下可供上冰人數將視乎體育學院花樣滑冰獎學金運動員報名情況而定。

備註/Remarks:

1. 訓練名單將以電郵發放，如有錯漏請盡快以電郵通知本會職員。
2. 如因生病以致無法出席課堂，請在上冰訓練開始前通知本會並 3 日內提交醫生證明書。
無論因事或因病缺席訓練，本會均會考慮各項因素後決定是否免去收費或退款。
3. 所有運動員及教練如體溫超過 37.5°C，當天不可上冰，如有發燒、咳嗽、流感、任何肺炎症狀和/或傳染性疾病必須立即就醫、然後向本會報告並在家中休息直到完全康復。
4. 教練需向本會報告冰場內任何可疑的呼吸道感染。請經常保持雙手清潔，勤洗手或使用酒精搓手液搓手。
5. 請按時繳交訓練費用，如逾時繳款，本會有權暫停出席/指導訓練一個月。

優先次序：

花樣滑冰本地訓練優先次序：

星期一至日 早冰訓練 & 晚冰訓練

甄選準則:

1. 精英運動員 >代表隊成員 或 青少年代表隊成員 >普通/初級會員/ISU Clearance Certificate Holder. **(會員等級測試要求：早冰: 最少考獲第 4 級 &晚冰: 最少考獲第 7 級)。**
 2. 相同身份者按照等級測試由高至低排列。
 3. 等級測試相同者按照通過日期先後排列。
- 請在截止日期前完成報名。

HKSU - 2026 November - FS Training

付費 Payment:

考慮現時電子或網上支付發達，本會試行網上支付方式處理花樣滑冰訓練費用，詳細如下：

Online payment is convenience nowadays, HKSU will try to accept online payment for FS monthly training. Details as follows:

訓練費待訓練名單公布後，須於每月第 10 日或之前以轉賬形式轉賬至以下銀行戶口。請把轉賬訊息轉帳後請填寫以下 Google 表格 (如無填寫一律當作未能成功繳交訓練費)

Please pay the training fee to the HKSU Bank account before 10th of every month. After transferring the payment, please fill in the following Google form (if not filled in, it will be deemed that the dues payment has not been successful)

Google form 連結 Link:

<https://forms.gle/om6JweySXFpgB8gC9>

如會員無法填寫以上表格，請把轉帳記錄回覆此電郵。

If members are unable to fill in the above form, please reply to this email with the transfer record.

在備注 (「受款人提示訊息」/「致受款人訊息」) 清楚列明 “會員姓名_FS_月份”

In the remarks ("Reminder message to the payee"/"Message to the payee") clearly state "Member's name_FS_Month"

e.g.: "CHAN Tai Man_FS_June"

如你在限期前(每月 10 號)沒有繳費，餘下訓練將被自動取消。

If you do not pay before the deadline(10th of every month), the rest training sessions will be cancelled automatically.

Bank account info 銀行戶口資料 (所有轉帳手續費應由閣下承擔 All handling fee should be borne by yourself)

Account Name / 收款人戶口名字 :	Hong Kong China Skating Union Ltd
Bank Code	024
Account No./ 賬戶號碼:	383-527496-883
Name of the Bank / 銀行名稱:	Hang Seng Bank Limited
Bank SWIFT code / 銀行國際代碼	HASEHKHHXXX
Address of the Bank / 銀行地址:	83 Des Voeux Road Central, Hong Kong
FPS 轉數快(Email 電郵)	accounting@hksu.org